Are you one of those who have sleepless Sunday nights and dread going to office every Monday? Does the wait for Friday begin every Monday morning for you? Do you feel your company really needs a Chief Happiness Officer? *What? You did not think one existed? Go to google.com and type ‘Chief Happiness Officer’ now and you will be amazed how this new designation is trending.*

Are you one of those who are clueless to deal with office politics? Do you feel you are one of the best performers at work and do not get recognized due to your boss or due to an over smart colleague who takes the boss out for drinks every Friday?

Well, take heart. After ten years of getting up at 7 AM and leading a semi robotic cubicle life five days of the week; after having met so many different species of men and women at work, I now feel wise enough to throw some insights around the topic - “How to deal with different kinds of people at work, whether they are your colleagues or bosses or even juniors.” *Yes. Juniors too. For those of you who felt managing juniors was easy, wait till you become bosses.*

This book ‘Corporate Avataars’ classifies and dissects the different devils who make life miserable for us at work and offer practical strategies in dealing with them.

There are all kinds of people: ‘The Free Rider’ who does not do anything by himself and passes on his work to you; ‘The Workaholic’ who seems to have been born to work; ‘The Netaji’ who should have been in the Indian politics but wrongly came to the corporate world to use his political skills; ‘The Whining Kid’ who has everything one can aspire for and yet is always unhappy; ‘Ms. Short Skirt’ the girl who gets her way thanks to her short skirts and red lipstick; ‘The Control Freak’ who feels the world would slip by if he did not hold it too tight and so on. The author has covered a diverse set of personalities, corporate situations and given insights into dealing with the same.

The book has been written by Disha Chhabra, an alumna of Delhi College of Engineering and IIM-Calcutta. She has a corporate experience of more than ten years and is presently working with one of the largest e-commerce companies of the country at a senior management position. Disha has previously authored two books “My Beloved’s MBA Plans” and “Because Life Is A Gift”, published by Srishti Publishers. Both her books have received a lot of good reviews across media (including Hindustan Times, Times of India, Femina, DNA, IBNLive and so on) and eminent personalities like Dr. Tharoor, Rashmi Bansal, Dr. Radhakrishnan Pillai.

The book is targeted at college goers and young professionals in the age group of 18-25 and gives them valuable practical advice on making corporate life less stressful and more rewarding.